New England Deaconess Hospital

pulse

185 Pilgrim Road, Boston, Massachusetts VOLUME 32 — NUMBER 8 JULY-AUGUST, 1979

# Gas shortage: little effect on NEDH, except frustration

"Last year people would gather around my moped and say, 'will you look at that, isn't it cute'. This year they gather around and ask serious questions like, 'how much do you get to the gallon?' ", said Marsha Morello, administrative secretary.

Ms. Morello bought the moped one year ago because it was convenient to use for errands. Living in Brighton, she could commute easily by public transportation, but found the moped is faster and more fun.

While some Deaconess employees may be considering riding mopeds or bicycles to work in order to beat the gasoline crunch, the majority of employees interviewed had already coped with the energy crisis months ago — or even since the last shortage in 1973 — by taking public transportation or carpooling with co-workers who live in the same area.

Mary Loughran, medical records technician, has carpooled for two years from Milton. Starting with two "poolers", there are now five; and their commute which is at least 1 ½ hours by subway takes only 20 minutes by car.

"Carpooling is convenient, less expensive and better than the hassle of sitting in a gas line or traveling by subway," said Ms. Loughran. "That's what I hear constantly discussed at work — how to get gas."

"People are anxious about being late to work because of delays in gas lines. It can really affect work habits," said Jim Benoit, who manages the Deaconess parking and garage facilities. "I've stood in the garage at 3 p.m. on weekdays and watched employees driving their cars down to Al's Getty station on the corner because he opens at three. Work patterns are dictated by the availability of gas."

Although personnel hasn't received any requests for help in finding carpool partners yet, Pam Dilday, personnel, anticipates inquiries if the shortage continues.

Another future concern if the shortage gets worse is how it will affect personnel's recruitment program or Deaconess employees who live a distance from the hospital.

"For example, when we were interviewing for a computer operator, one person who applied said under normal conditions he wouldn't be changing jobs and taking a cut in pay and position, but he had to commute 75 miles

*(continued on page 3)*

*Marsha Morello, administrative secretary, avoids the hassle of long gas lines or traveling by public transportation.*

## NEDH links patient records by computer

The Deaconess recently became the first Boston hospital to operate a computerized patient storage and teleprocessing system linking patient services, the booking office and medical records into a common patient data connected to the patient billing system.

The system centralizes and provides quick access to all patient information, thus cutting down on duplicate records. The medical records department received the first terminal (a video screen and keyboard) last March. After a year of programming and systems work, directed by EDP Systems Manager Gene Gallagher, terminals were added to patient services and booking last month.

The medical records terminal stores demographic information on the patient along with his or her medical record number. In addition to receiving current patient information, the computer memory bank has been fed cards representing admissions over the past six years — 75,000 since March. Most admissions reoccur within five years, so the basic information probably won't have to be changed upon the next admission.

The booking office terminal produces a visual display of the bed status on each floor. Patients can be located by pressing a few keys. Since certain departments will have access to particular data collected by another department, admitting and discharge procedures will be faster. Only authorized personnel will be able to change or enter information on the computer.

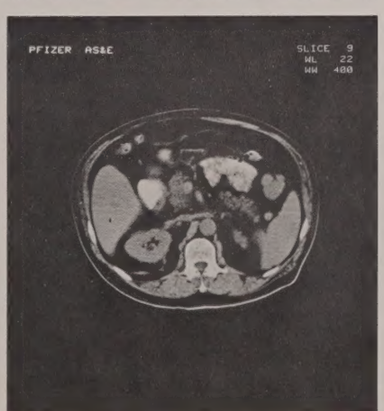
"This on-line system is a big step in data processing. All departments involved did an outstanding job," said Peter Campisano, associate director, "When we've established a good data base, we can make modular additions, like lab and pharmacy reports. This is the first module of all future links."

# Deaconess receives certificate of need to buy body scanner, major benefit to patient care

The Massachusetts Public Health Council has approved a certificate of need request by the Deaconess which will enable the hospital to purchase a Computed Body Tomographic Scanner, the latest technical development in the field of radiology.

The Deaconess is among six area hospitals to receive certificates of need authorizing such a purchase. In evaluating the hospital's application, the Council voted that this type of scanner should be placed in institutions which serve as teaching and tertiary care hospitals having a referral network to assure access. Other characteristics such as super voltage radiation therapy and neuroscience and oncology services provided at a multi-institutional level were also required.

The Deaconess has specific agreements with the New England Baptist, Brookline and Mount Auburn Hospitals, which assure this broad access to the scanner as a resource. Patients in the multi-hospital oncology programs will also benefit from its use.




*A computed tomographic scan of the abdomen, showing the tail of the pancreas, renal vein and right kidney.*

"By using the scanner we can perform the examination on an out-patient basis, reduce the inpatient's hospital stay, and save the health care system money by reducing the need for certain surgical procedures and other invasive tests that require hospitalization," said Dr. Melvin E. Clouse, radiology department chairman.

Renowned as a major referral, teaching and research center, the Deaconess is an important cancer management facility with large inpatient and outpatient treatment programs. Over 42% of the Joint Center for Radiation Therapy treatments are performed at the Deaconess.

This new equipment combines X-ray components with a computer and a television cathode ray tube. The

*(continued on page 2)*

# *Voluntary effort - it works!*

The Voluntary Effort (VE) is a coalition of hospitals, physicians, health insurers, health industry suppliers and representatives from government, business and consumer groups which was organized in 1977 to provide national leadership for an all-out assault on rising health costs.

The following figures have encouraged VE to take on a new slogan in recent months - "It works." Where hospital expenses had been increasing at an annual national rate of 19.1% in 1976, by 1977 they were increasing only 15.5% and by 1978 at a rate of only 12.8%. By voluntarily holding down the cost of hospitalization, hospitals in fifty states have saved consumers almost 1½ billion dollars in one year.

Although hospitals have proven that voluntary efforts work, President Carter has asked hospitals to keep their increases below 9.7% yearly or he will ask Congress to pass a law requiring the cap.

While cost containment legislation is debated in both Houses of Congress, national health insurance has become a hot political issue. These national and state health care issues affect us, not only as consumers, but as hospital employees, trustees and friends of the Deaconess. The PULSE will keep its readers up to date on the latest legislative developments, and will examine aspects of the cost containment debate in future issues.

For information on the Deaconess's successful efforts to cut costs, see two of this month's articles entitled "Every little bit helps . . ." (below) and "Horrax Library keeps lid on costs through consortium," (page 3).

*Eight interns graduated from the 10-month NEDH Dietetic Intern Component on July 11. They are: (back row, L.-R.) Arlene Baer, Robin Hoffman, Barbara Czelusniak, Karen Wilk, Karen Ferri; (front row, L.-R.) Cynthia Revier, Miriam Seidel, Christine Carlin. The interns will attend Boston University in the fall to obtain a masters degree in nutrition. They are now eligible for membership in the American Dietetic Association.*

**Body Scanner**
*(continued from page 1)*

sending and detecting of the X-ray beam is completed in less than five seconds in a rotating fashion around the head or other part of the body being scanned.

The computer, by performing thousands of complicated mathematical calculations, integrates all the information and in turn displays on a television screen or film a reconstructive cross sectional picture or slice. Such a slice is very clear and allows the physician to see single layers inside the body or brain. This method is important as tumors and other abnormalities have different densities than surrounding normal tissue. Organs and lesions previously hidden from conventional X-rays can be easily observed. The body scanner will also be used to outline the extent of a tumor in order to plan radiotherapy fields. This will allow the radiotherapist to accurately treat all of the tumor and, more importantly, spare normal tissue from radiation damage.

In the diagnostic area, the scanner can replace and is more accurate than many of the more expensive, time-consuming and often painful diagnostic techniques such as angiography (injection of contrast material into blood vessels of the brain or abdominal organs) and cerebral pneumography (injection of air into the spinal canal, which moves into the brain ventricles for X-ray).

A specially trained technical staff will be hired to operate the $800,000 unit and will be supervised by the radiology department staff. The scanner is expected to be in operation by early in 1980.



## Alumnae Note

The class of 1974 is planning a reunion for August 25, 1979. Alumnae interested in attending should contact:

Linda Pellegrino,
Class Secretary
83 Sunset Terrace
Feeding Hills, MA 01030

# Every little bit helps

Recycling plastic cover-bags as trashbags in surgical service saves $390 a year . . . combining several laundry department deliveries saves $2,600 a year . . . changing the Horrax Library journal subscription agency reduces the charges by 40%.

The above figures, combined with reports from five other departments, add up to a reported savings thus far of about $119,000 during fiscal year 1978-79. "Cost containment" is a phrase often heard at the Deaconess and other health care institutions. In practice, it means both being aware of energy conservation and being innovative in finding ways to cut costs.

Martin Cernek, chairman of the cost containment committee, finds that employees feel it's part of their job to be cost conscious. "The educational approach of our committee has produced significant results," said Mr. Cernek. Last year the committee sponsored four orientation sessions on various aspects of energy conservation with displays in the cafeteria and presentations by several utility representatives who explained ways to save money and energy.

"A common theme has appeared in a majority of the cost containment reports from department managers," said Mr. Cernek, "They report an increased concern among employees for finding more efficient ways to use electricity. Dino Fantegrossi, chief coordinator of the cost containment committee, made a comparative reading of electric meters which indicated that the hospital saved $5100 in electricity charges for the month of April."

Mr. Cernek said the committee plans to shift from educational efforts in promoting cost containment to computing the results of those efforts. "Many departments don't have the tools to specify how much they've saved by applying cost containment measures." said Mr. Cernek. "Materials Management can help provide departments with comparative budgetary figures from previous months so savings can be determined with precision." Mr. Cernek urges department managers to contact him for help in computing the impact of their department's cost-saving efforts. He expects reports from the remaining 13 departments at the end of July.

The committee plans to make hospital employees and the community

*(continued on page 8)*

# Deaconess News in Brief

**Miracle Baby**

Rita Weaver, a 26-year-old from Rhode Island, was advised not to get pregnant following her kidney transplant operation by Dr. Anthony Monaco at the Deaconess in 1976. Her chances of having a normal, healthy baby were judged "slim." However, when Rita discovered she was pregnant two years later, she and her husband, Leon, decided it was "God's will" to have the baby. Rita's doctors followed the pregnancy closely by monitoring her blood pressure and checking for signs of impurity in her blood. Miraculously, tests were perfect every time, and Rita easily delivered 7 lb. 1 oz. Angela Marie this past May. Angela is thriving under the care of her parents and 4-year-old sister Cerey. "I had prayed and prayed that I wouldn't have to have the transplant," said Rita. "But if I hadn't, Angela wouldn't have been such a special baby. God has been glorified through all of this."

**Dr. Ennis Publishes**

**Dr. Len E. Ennis,** a cardiology fellow at NEDH, participated in a roundtable discussion on cardiac surgery which was published in an article entitled, "How to say 'You May Need Heart Surgery,'" in a recent issue of "Patient Care" magazine.

**Position Up-graded**

**Sylvester Jackson,** Deaconess central sterile service, recently completed a year-long orthopedic technician program at the Baptist Hospital. As a result, Mr. Jackson has been up-graded to the position of "orthopedic technician".

**A Piece of the Puzzle**

Everyone seems to be searching for their "roots" these days, sometimes a long and frustrating experience. One such genealogical project in which the Deaconess recently became involved provided instant results. In response to an inquiry from Barbara Smith, of Pepperell (MA) concerning a former "employee", we uncovered school of nursing records from 1898 on Ms. Smith's great-aunt. The records disclosed that Ms. Smith's "aunt" was a graduate of the class of 1901, and also included other information on her background. For example, the records confirmed that the nurse married while she was at the Deaconess. According to Ms. Smith, her "family legend" has it that her great-aunt met her husband while attending his first wife, later marrying the widower. So be discerning when you're cleaning out those dusty files – you may be discarding a valuable link with the past.

# Horrax library keeps lid on costs through consortium

Hospital libraries, faced with increasing costs for medical journals and other continuing education materials are surmounting the problem by sharing resources through cost-saving projects. This is being accomplished by forming a consortium (from Latin: "one who shares the common fate").

Deaconess Librarian Paul Vaiginas founded the Boston Biomedical Library Consortium in 1975 when he was librarian at the Lemuel Shattuck Hospital. At the time, the New England Regional Medical Library Service had stopped the interlibrary loan of important journal photocopies because of budgetary cutbacks, so Mr. Vaiginas contacted other hospitals in the area to discuss the situation.

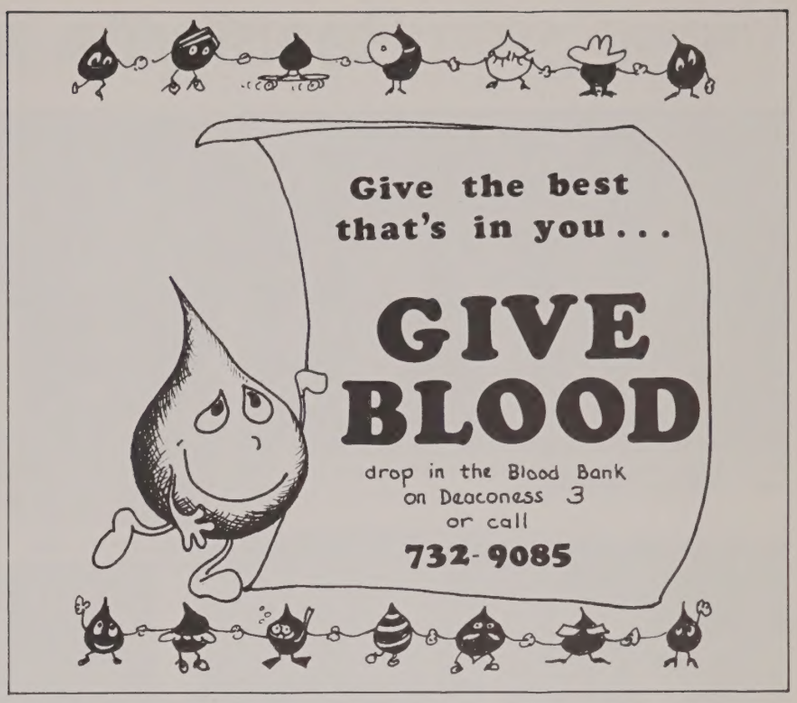
As a result, ten hospitals compiled a list of the 100 most important journals and found that jointly they owned 97. Out of that grew the present BBLC with 14 members and a Union List of 561 titles – nearly three times the number Horrax Library owns. Journals are very important resources for keeping health care professionals up-to-date in all medical specialities. One hundred journals, ranging in costs from $10 to $200, are usually recommended for the core collection of any hospital library.

A future concern to the BBLC is the Countway Library, the principle source of interlibrary loans in the area, which has curtailed requests over the past two years and will begin to charge for its service in 1980. The BBLC has begun negotiations with several other health science library consortia to create a master Union List of Serials involving over 100 libraries. Horrax is also participating in the Special Libraries Association/Boston Chapter Serials list project which will involve the journal holdings of over 70 libraries.

"Besides cost-savings through the BBLC, doctors have walk-in privileges at other member hospitals," said Mr. Vaiginas. "The membership is made up of similiar institutions with similiar libraries, so the benefits of sharing are fair for all participants."

"Currently, 40% of our interlibrary loans are through BBLC. There are many advantages to using their service. The BBLC takes 2-3 days to fill a request, takes phone orders and lets you know immediately if a journal is missing or at the bindery. Emergency calls are filled the same day, and we've set up a duplicate journal exchange."

The BBLC, which meets at least four times a year, also sponsors various lectures on topics such as patient education, a special interest of Mr. Vaiginas. According to Mr. Vaiginas, the BBLC has been resource oriented up to this point; in the future they will focus on needs. Individual BBLC members plan to acquire items which can be shared with the entire membership, e.g. video cassettes, visual software and MEDLINE terminals.




## Gas Shortage

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to his old job and was afraid of being unable to get gas. This is an extreme example, but it shows that people are making unsettling decisions. Commuters must develop their own options," said Ms. Dilday.

According to Associate Director Peter Campisano, the administration has asked department heads to be flexible, whenever possible in scheduling employees so they can get gas. Travel expenses for work-related business meetings have been raised from 15¢ to 25¢ a gallon.

As for carpooling, Mr. Benoit says 54 employees are registered carpool drivers (the payroll deductees) with 119 employees carpooling altogether. "At this point, I'm willing to keep a list of people who are interested in carpooling, and to try to match drivers and passengers," said Mr. Benoit. "I've also looked into vanpooling, which is what several corporations are involved in. The company buys a van, an employee from a certain area drives and takes care of the van and a group of 12-15 people in the area commute with the driver. The commuters split all the costs."

Dick Reardon, materials management, said hospital supplies have been arriving with no problems. "The trucking strike didn't affect us, fortunately, since our alternative would have been to use air freight – and the planes which carry the most freight are DC10s," said Mr. Reardon, "One plus of this shortage is a decrease in the number of sales representatives coming to see us."

The Deaconess and other medical institutions have been advised by MASCO on how to help employees deal with the gas shortage through seminars and surveys. "About three years ago we did a survey of the Longwood medical area employees and their driving habits," said Tom O'Connor, who manages parking and transportation for MASCO. "Of the 7,000-8,000 full time day workers surveyed, we received a 12-14% return. We gave the information back to individual institutions, but not many carpools came from it. However, since the latest gas shortage, there has been a 20-30% drop in usage at employee parking areas. More people are carpooling or taking public transporation."

MASCO will have a better idea of how the shortage has affected hospital employees specifically in September when they survey MASCO members on commuter habits for an Environmental Protection Agency report which is required from each institution.

With the summer weather, it has been easier for employees to ride bicycles, mopeds or use the increasingly crowded public transportation. But with winter coming, what will these commuters do?

The employees interviewed unanimously and emphatically expressed the opinion that the gas shortage has been contrived by the oil companies. They feel that as soon as gas goes over a dollar a gallon, it will once again be plentiful. Walter Hallowell, maintenance, summed up the general feeling, "We'll just have to pay and be forced to conserve."

Although some feel that the wealthy will be able to maintain the same style of living, most employees realize that all people will be affected to some degree and that learning to conserve our energy and resources – not just in a crisis, but from now on – is a good idea.

*SWEET VICTORY – Sue Erickson, hematology; Karen Baldassare, Pat Landgraf, Maureen Dunn, control center; and Annie McCue and Cathy Randall, chemistry; carry NEDH softball coach, Don Smith, Shields Warren, off the field after a recent come-from-behind win over the Whities of South Boston.*

# Dr. William Hadley dies at 55

Dr. William Brown Hadley, 55, NEDH active staff senior physician and deputy director of the Joslin Diabetes Foundation, died on July 8 following an automobile accident June 30.

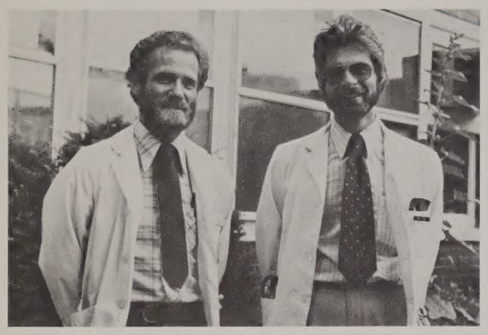
Born in Japan, he graduated from Canton High School (OH) in 1943, Brown University in 1949 and Harvard Medical School in 1953.

Dr. Hadley served his residency at the Deaconess 1954-56; and worked at the Lahey Clinic 1956-57, specializing in internal medicine and diabetes. Dr. Hadley became senior physician at Joslin Clinic in 1957 and deputy medical director in 1967.

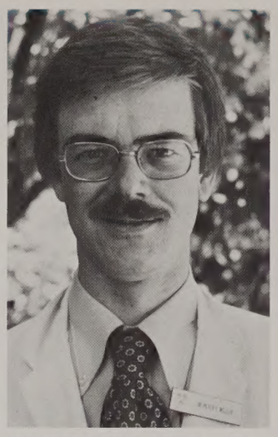
Dr. Hadley was primarily interested in patient care, the physician fellowship training program and the use and application of new insulins. He served as a teacher in the department of medicine at the Deaconess for more than 20 years. He was chairman of the Human Studies Committee at Joslin and was an associate physician at Boston Hospital for Women and a consultant to the Veterans Administration Hospital in Bedford.

A resident of Waban, Dr. Hadley leaves his wife, Beverly (Elliot) Hadley and five children.

# Residents and Fellows who will be



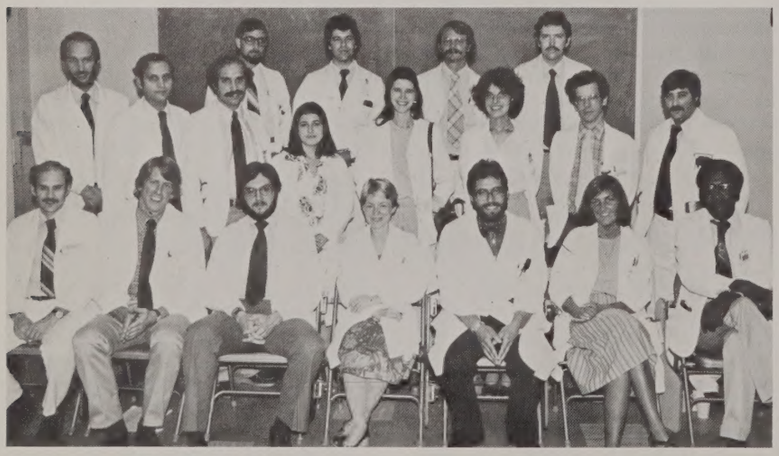
**PULMONARY:** *(L-R) Drs. Paul Benton Court, (1st yr. fellow) McGill Medical School; Roy Ruff, (2nd yr. fellow), University of North Carolina.*



**ALLERGY FELLOW:** *Dr. Peter Weller, Harvard Medical School.*

**GASTROENTEROLOGY:** *(L-R) Drs. Indihra Kairam, (2nd yr.) Andhra Medical School; Paul Kaufman (1st yr.) Medical College of Pennsylvania; Michael Fina, (2nd yr. fellow) New York Medical School; William Sullivan, (1st yr.) University of Massachusetts Medical School; Philip Opalenski, (2nd yr. fellow) University of Rome.*

**THORACIC AND CARDIOVASCULAR SURGERY:** *(L-R) Drs. Joan Tryzelaar, (1st yr.) State University of Leiden, Netherlands; Charles Allen (4th yr.) resident on rotation from Harvard General Surgical Service; Joachim Postel, chief resident, Johann Wolfgang Von Goethe, University of Frankfort, West Germany; Thomas Overett, (4th yr.) resident on rotation from Harvard General Surgical Service, UCLA; Leonard Miller, 3rd yr. resident on rotation from Harvard General Surgical Service.*



**FIRST YEAR RESIDENTS:** *(L-R) Back row: Drs. Edward Mascioli, University of Massachusetts; H. Manning Curtis, Tulane Medical School; William Jensen, University of Vermont; Douglas Gresham, University of Massachusetts. Center row: Philippe Deleamont, University of Geneva, Switzerland; Michael Gogjian, Tufts Medical School; Rodney Hochman, Boston University; Marie Delcambre, Tulane Medical School; JoAnn Manson, Case Western Reserve; Terry Gersheimer, SUNY Stony Brook; Lawrence Borish, Boston University; Jonathan Diamond, SUNY Upstate. Front row: (L-R) Jonathan Kass, University of Cincinnati; William Rigby, Harvard Medical School; Thomas Zeffiro, University of Pittsburgh/MIT; Elaine Sloand, University of Rochester; Neil Kowall, University British Columbia; Marcia Browne, Georgetown University; J. Jacques Carter, Georgetown University.*

**DIAGNOSTIC RADIOLOGY:** *(L-R) Drs. Carl J. Eisenberg, State University of New York: Richard Mauceri, Philadelphia College of Osteopathic Medicine; Rodolfo E. Zaldivia, (fellow) Far Eastern University; Robert G. Lee, University of Massachusetts; Richard S. Rome, (2nd yr. resident) Boston University; Godofredo D. Bocobo, (1st yr. resident) University of the Philippines.*

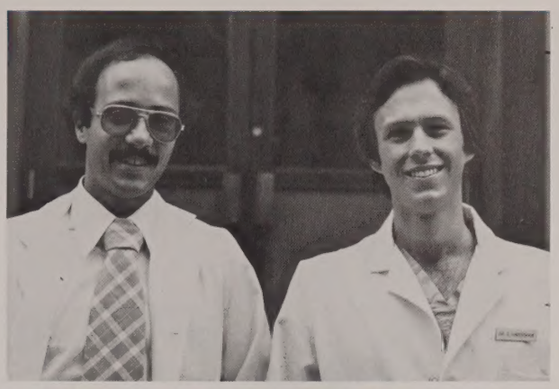
**CARDIOLOGY FELLOWS:** *(L-R) Don Chan, (1st yr. fellow) University of Vermont; Tom Nessa (1st yr. fellow) Jefferson Medical College; Peter Maki (1st yr. fellow) University of Arizona; Mark Blaker (1st yr. fellow) Jefferson Medical College; M. W. Bungo (2nd yr. fellow) New Jersey Medical College.*

**JOSLIN DIABETES FELLOWS:** *(L-R) Drs. Chingleput Ranganathan, (1st yr.) Stanley Medical School, Madras; Jack Cukierman, (2nd yr.) S.U.N.Y. at Buffalo School of Medicine; Doreen Matteson, (1st yr.), University of Connecticut School of Medicine; Lillian Harstine (1st yr.) University of Kansas School of Medicine; Philip J. Ryan, (1st yr.) Indiana University School of Medicine; Robert Fuentes, (1st yr.) Downstate Medical College; Mohammed Ishaq Arasu, (chief fellow), Osmania University Medical School.*

**SECOND YEAR RESIDENTS:** *(L-R) Back row: Jeffrey Clark, Tufts University; Ron Hsieh, Michigan State; Ellen Buchbinder, Tulane Medical School; Evelyn Picker, Medical College Penna; Frances Shevitz, University of Pennsylvania; William Aberizk, Columbia; Michael Fuentes, Georgetown Medical School; Front row: James Sandberg, University of Massachusetts; Brian Casserly, Georgetown University; D. Jeff Farely, Medical College of Virginia; Marian Klepser, Jefferson University; Glenn Cooper, Tufts University; Craig Weston, Georgetown University; Mark Levin, University of Chicago. Missing: Paul Lee, Dartmouth University; Mario Motta, Tufts University; B. Taylor Thompson, University of California, Davis.*

# part of the Deaconess Family for coming year

**INFECTIOUS DISEASE FELLOW:** *Dr. Michelle Epstein*

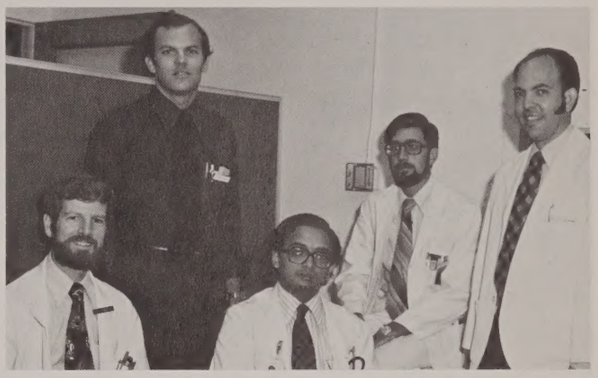


**PODIATRY:** *(L-R) Drs. James Shrzan (1st yr.) Jeff Habershaw, (2nd yr.)*

**RADIATION THERAPY:** *(L-R) Drs. William Gordon, University of Rochester and Itzhak Goldberg, Einstein Medical School.*

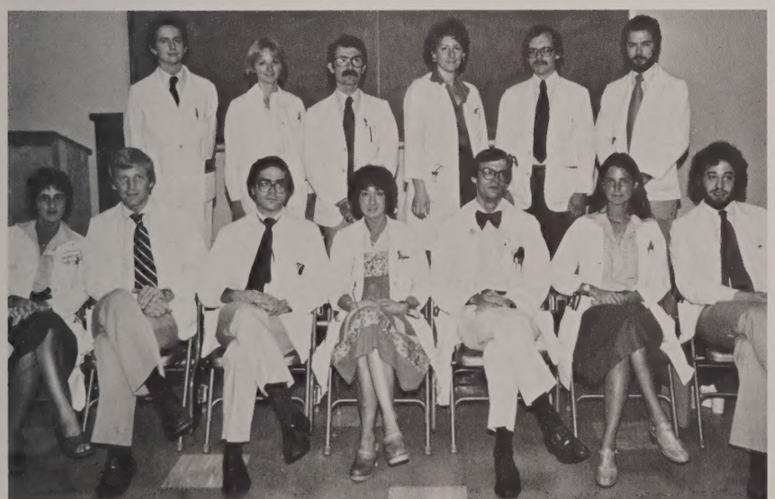
**ANATOMICAL PATHOLOGY:** *(L-R) (standing), Drs. Carl J. O'Hara, (2nd yr. resident) Georgetown Medical School; Marcia Angell, (2nd yr.) Boston University; Mary A. Mooney, (1st yr.) Ohio State; Eliana S. Passega, (3rd yr.) U. Cattolica; Olivia Stinson (3rd yr.) Duke University; Frederick C. Koerner, (2nd yr.) University of Vermont; Linda A. Sherman, (1st yr.) Jefferson Medical College; Rosilyn Kazanjian, (2nd yr.) Mt. Sinai; Barbara J. Weinstein, (5th yr.) Duke University; Vania Alberti, (3rd yr.) University of Campinas, Brazil.*

**ENDOCRINOLOGY FELLOW:** *Dr. Edith Miller*

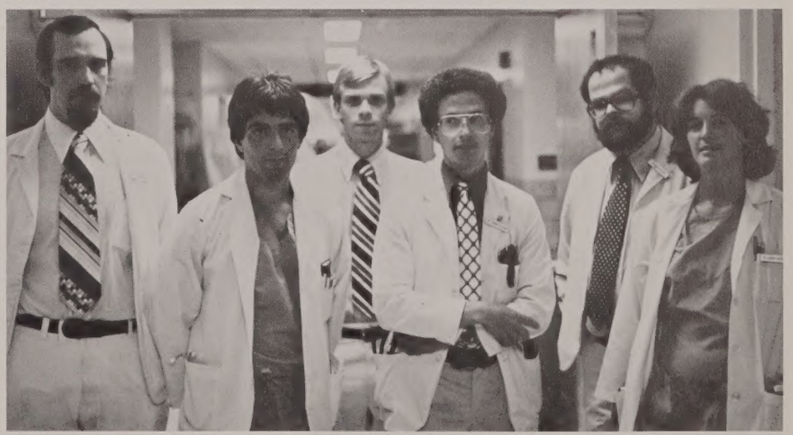


**HYPER ALIMENTATION:** *(L-R) Drs. Stephen D. Phinney (3rd yr. fellow) University of Vermont; Chris J. Homblad (2nd yr. resident in surgery) Albany Medical College; Sukumar P. Desai (1st yr. fellow) India Institute of Medical Sciences, India; Edward Moscioli, (1st yr. resident in medicine) University of Massachusetts; Doug McFarlane (fellow in surgery) Aberdeen, Scotland.*

**CLINICAL PATHOLOGY:** *(L-R) Drs. F. John Krolikowski, (5th yr.) Tufts University; Soon E. Kim, (6th yr.) Yonsei University; Oswald Alberti, (4th yr.) University of Campinas; Saad J. Ghosn, (4th yr.) French Faculty Medical School; Sami J. Harawi, (4th yr.) American University; Ronald A. Goerss, (3rd yr.) University of Florida.*

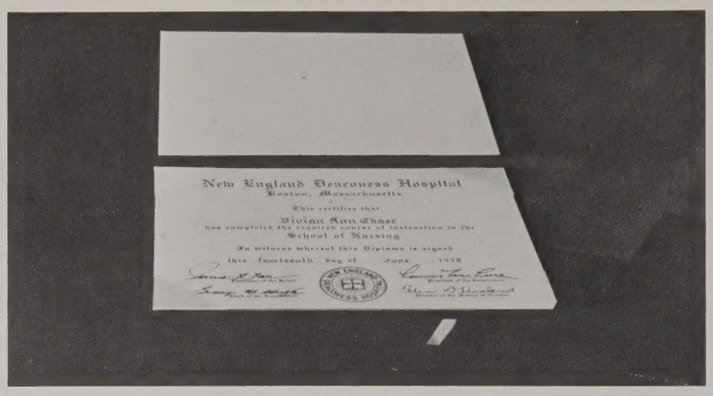


**THIRD YEAR RESIDENTS:** *(L-R) Back row: Irving Ingraham, Tufts University; Judith Waligunda, Cornell University; Hipolito Echeverria, University De la Plata; Linda Ash, Hahnemann University; Paul Boinay, University of California, San Diego; James Gilroy, Georgetown University. Front row: Bertha Bauer, Columbia P & S; N. Mark Estes, University of Cincinnati; Gregory Curt, University of Rochester; Joanne Imperial, New York Medical College; Loyd Whitley, Tulane University; Deborah Mayer, Columbia P & S; Gerald Batist, McGill Medical School. Missing: Thomas Bowman, Northwestern University.*



**GENERAL SURGERY:** *(L-R) Drs. David Sizemore, chief resident, West Virginia University; Frank Pom Poselli, (1st yr.) Boston University; Jen Jorgenson, (2nd yr.) University of Rochester; Kenneth Cohn, (3rd yr.) Columbia University; Martin Milgrom, (2nd yr.) Columbia University; Laurie Stevens, (1st yr.) Columbia University.*

# *Nursing Graduation 1979*


New England Deaconess Hospital
Boston, Massachusetts
This certifies that
Vivian Ann Chase
has completed the required course of instruction in the
School of Nursing
In witness whereof this Diploma is signed
this fourteenth day of June 1979

*Nurse Sue Wilkinson with parents*

*Director of Nursing Ellen Howland pins Sharon LeBlanc as Judy Cannon waits her turn.*

*Graduation morning*

*Cheryl Kershaw congratulates a classmate.*

# Nursing school graduates 49

Graduation exercises for the class of 1979, the 81st graduating class of the school of nursing, was held on June 14 at Temple Israel.

Dr. John L. Rowbotham, NEDH, brought greetings from the medical staff, after which the guest speaker and former graduate Marion L. Metcalf, R.N., Vice President for nursing at the Affiliated Hospitals Center, delivered the graduation address.

The message from the graduating class was delivered by Bess Buchanan, followed by the presentation of diplomas by Director of Nursing Ellen Howland and James F. Farr, chairman of the board. The alumane scholarship was awarded to Christine Bond.

The program included a performance of the Glee Club, under the direction of John J. Markarian, Jr.

*Highest honors went to (L.-R.) Cheryl Kershaw, Christina Bond, Susan Dunnbier and Noreen Lalor.*

*Class officers were (L.-R.) Joyce Wheeler, vice president; Janice Brown, treasurer; Crystal Lee Williams, president; and Ann Schantz, secretary.*

*Graduates staying at NEDH are: (top row, L.-R.) Cheryl Williams, Helene Conti, Ellen Childs; (third row, L.-R.) Colleen O'Gieblyn, Sharon Edgar, Cynthia Gray, Kathleen Balzarini, Helena Loiselle; (second row, L.-R.) Susan McIntosh, Bess Buchanan, Susan Wilkinson, Mary Louise Demick; (first row) Ann Schantz.*

*Nurses receiving honors were: (top row, L.-R.) Pamela Whitney, Denise Peloquin, Susan Russell, Susan Jones; (third row, L.-R.) Barbara Call, Colleen O'Gieblyn, Crystal Williams, Ellen Childs, Karen O'Neil; (second row, L.-R.) Beth Chadwick, Helena Loiselle, Cynthia Cannon; (first row, L.-R.) Susan McIntosh, Joyce Wheeler, Vicki Grant, Kathleen Bolton.*

# DTU patients celebrate July 4 with rooftop picnic

Patients from the Deaconess Diabetes Treatment Unit (DTU) celebrated July 4 with a picnic "in their own backyard" on the roof of Joslin Clinic.

The cloudy weather didn't dampen the spirits of the 70 patients, ages 3-80, as they munched on steaks and danced to the music of a rock band, the Unified Field Therapy. Band members included David Felix, a former DTU patient and volunteer, Joseph Adamski and Paul Ruckes.

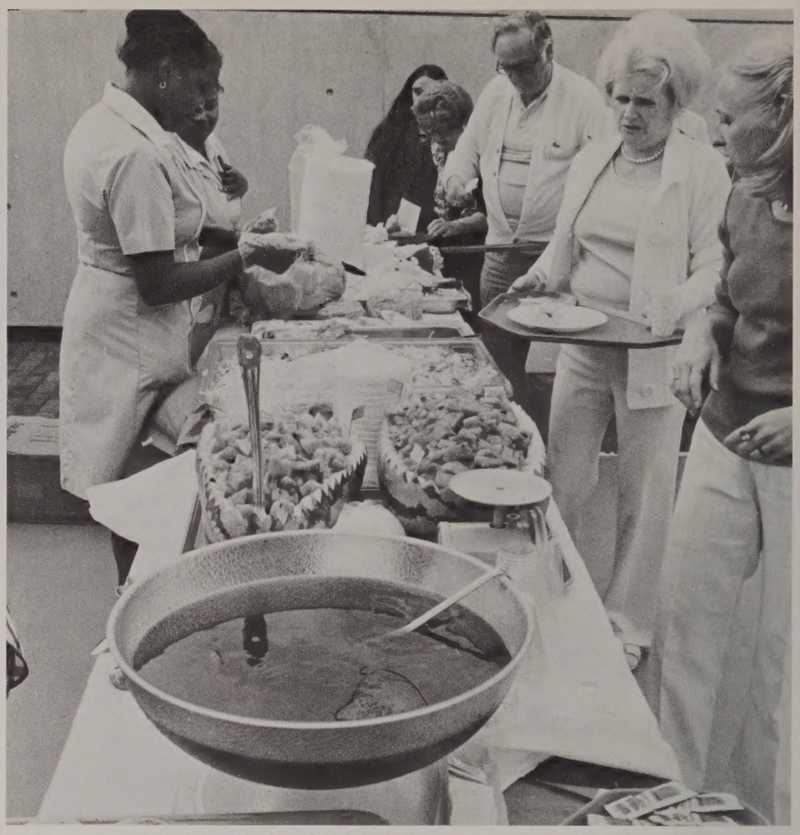
DTU Recreation Director Patty Barr and Lynn Tomlinson, assistant director, planned the picnic as an educational experience as well as being fun.

A day before the picnic, patients were given menus so they could determine, with help from the dietitians, how much of each item was needed to fulfill their differing meal requirements.

For example, they had a choice of three sizes each of steak, potato salad, chips and watermelon, etc.

"The patients, who ranged from the newly diagnosed to those who have been diabetics for 30 years, weighed out portions of food for themselves," said Ms. Barr. "We wanted to show them that they don't have to be home in order to eat properly. After a little practice, most can judge without weighing the food."

The DTU staff kept the picnic going happily from 4-10 p.m. with the help of Harvey Strong, from building and engineering at Joslin, and the Deaconess dietary department, which supplied and prepared the food. John Gilrane, Deaconess Safety Director, assisted with safety advice.



*Diabetes Treatment Unit patients enjoy July 4 picnic on the Joslin roof.*

## ELEVENTH ANNUAL ALUMNAE REUNION DAY
## NOVEMBER 3, 1979

Audrey K. Kennedy Hall
1 Autumn St., Boston, Massachusetts 02115

| | |
|---|---|
| 8:30 – 9:30 | Coffee and Registration |
| 10:00 – 10:45 | Business Meeting — Auditorium |
| 11:00 – 12:00 | Program: "Life in the Chinese Republic in 1978" - A Slide Show Presentation by Bonnie Phenninghaus, R.N., Night Supervisor, N.E.D.H. |
| 12:45 | Luncheon at Longwood Towers; Presiding: Carol Harris Livington, President of NEDH School of Nursing Alumnae Association. Greetings from Laurens MacLure, President of NEDH. |

In order to accommodate everyone at the luncheon, we must ask for advance registration. Donations of $10.00 and the reservation card must be sent by October 19 to: Priscilla Archibald, 63 Hollywood Road, West Roxbury, Massachusetts 02132.
Parking is available at the 110 Francis Street and Pilgrim Road garages.

### Alumnae Reunion Day

Name _____
first maiden married

Class _____ I plan to attend: Yes (_____) No(_____)

NOTE: Please enclose a check for $10.00 made out to the Alumnae Association of the School of Nursing of the New England Deaconess Hospital and send to Priscilla Archibald, 63 Hollywood Road, West Roxbury, Massachusetts 02132. Deadline 10/19/79

Also, please inform Miss Howland of any plans to hold reunions in conjunction with Alumnae Day.



### Cost

*(continued from page 2)*

more aware of the Deaconess cost containment program by posting bulletin boards in the lobby and cafeteria with photos and descriptions of employee and departmental cost-saving accomplishments. A newsletter will also be circulated monthly to department managers and administrative officers.

Some of the other measures which have amounted to an annual savings of $119,000, are:

- Buying surplus furniture from other health care institutions, saving $12,500.
- Saving $11,000 (by September) by discontinuing the use of the underutilized MASCO parking lot.
- Having a technologist and an assistant repair and overhaul equipment in respiratory therapy, thereby saving approximately $9,000 over the cost of sending the equipment out for repairs.
- Switching from bleached to unbleached paper towels, saving $4,300.
- Over a six-month period, three departments sent mail bulk rate instead of first class, saving about $4,200.
- Charging 10¢ for a cup of coffee in the surgical services department, saving $4,000.
- Running a pulper in the dietary department, reducing the number of trashbags used from an average of 137 a day to 54, saving $2,650.

New England Deaconess Hospital **pulse**

The New England Deaconess Hospital is a 489-bed and 14-building complex. Physicians from the Joslin Clinic, the Lahey Clinic, Overholt Thoracic Clinic and the general medical and surgical staffs serve the needs of their patients at the hospital. The Deaconess is internationally known for diagnosis, treatment and research in brain and chest surgery, cancer, diabetes and general medicine, and is affiliated with Harvard Medical School.

PULSE is published monthly by the public relations department of the New England Deaconess Hospital.

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*Nursing graduation 1979 (see pages 6-7)*

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